

Happiness in Social Situations

You know how sometimes you feel like you just don't fit in?



How some days it feels like no matter how hard you try, nothing you do is right?

How it feels like everyone is mad at you?

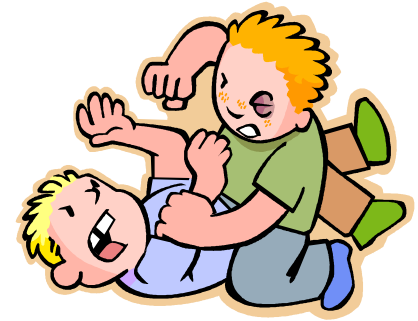
We do.

We can help you feel better. We can help you regain that feeling that you can be happy.



And that you can do right.

HISS is a therapy group for kids who are having trouble at home and school. The problem could be with listening to parents or teachers, following rules and directions, or just playing with friends/brothers/sisters.



The aim of HISS is to not only teach the skills to help with this, but to allow kids to be able to practice these skills with other kids in a safe environment.

HISS meets at the main office in Hillsboro. Two Montgomery County Health Department Staff Members will always be present.

At each meeting different topics will be used to present every day situations where difficulties could happen. The staff will present ways for the kids to handle these difficulties and then time will be given to practice these new skills.

Time will also be set aside for fun/social interaction that will allow the kids to develop the skills they need as well as develop some peer supports.

At times, outings will be planned to allow the kids to practice their skills out in the community.

These outing may require parents to help by coming along as extra adults.



**Meetings are at:
MCHD
11191 IL Rt 185
Hillsboro, IL 62049
4 to 5:30 pm Tuesdays
217-532-2001**

January 2011

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Montgomery County Health
Department
11191 IL Rt. 185
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